

2010

Atlantic Coaches Seminar



The 16th annual Atlantic Coaches Seminar is being held at University of Prince Edward Island in Charlottetown, PEI from **May 20 – 24, 2010**. Over 2,200 coaches have attended previous Atlantic Coaches Seminars from a variety of different sports. The seminar is coordinated by the Canadian Sport Centre Atlantic, with help from the Province of Prince Edward Island.

NCCP Technical Clinics

Soccer B License, Part 1

Days: Thursday, May 20th, Friday, May 21st, Saturday, May 22nd, Sunday, May 23rd & Monday, May 24th

Facilitators: Mike Hudson & Lewis Page

Cost: \$150

Special Olympics – Competition Sport Course

Days: Saturday, May 22nd & Sunday, May 23rd

Facilitator: Roger Ryan

Cost: \$105

Ringette – Drills and Strategies of Ringette

Day: Saturday, May 22nd

Facilitator: Glen Gaudet

Cost: \$75.00

Alpine Ski – CSCF Development Conditioning Course

Days: Saturday, May 22nd & Sunday, May 23

Facilitator: Michele Leger

Cost: \$240

Volleyball – Technical Level 2

Days/Times:

Friday, May 21st – 6:00 to 9:00 p.m.

Saturday, May 22nd – 9:00 a.m. to 12:00 p.m. and 1:30 to 5:00 p.m.

Sunday, May 23rd – 9:00 a.m. to 12:00 p.m. and 1:00 – 4:30 p.m.

Facilitator: Monette Boudreau-Carroll

Cost: \$165

Badminton – Competition Introduction

Days/Times:

Friday, May 21st – 9:00 a.m. to 5:00 p.m.

Saturday, May 22nd – 9:00 a.m. to 5:00 p.m.

Sunday, May 23rd – 9:00 a.m. to 5:00 p.m.***

Facilitators: Marc Leger, Mike Alexander and Tom Hanley

Cost: \$120

***The Sunday session will be in the gym – please bring appropriate clothing

Baseball – Competition Development Integrated – Modules included are as follows:

- Manage a Sport Program
- Performance Planning
- Planning a Practice 2
- Skills Analysis 2

Days/Times: Friday evening to Monday afternoon (specific times to follow)

Facilitator: Wayne Perro

Cost: Free of charge to participants (All costs will be covered by Baseball Canada)

NCCP Theory Clinics

Competition Development Modules

Module 1 – Leading a Drug Free Sport

Facilitator: Therese Saulnier

Day: Friday, May 21st – 8:00 a.m. to 12:00 p.m.

Module 2 – Managing Conflict

Facilitator: Therese Saulnier

Day: Friday, May 21st – 1:00 p.m. to 6:00 p.m.

Module 3 – Prevention & Recovery

Facilitator: Robyn MacDonald

Days: Friday, May 21st – 7:00 p.m. to 10:00 p.m. AND Saturday, May 22nd – 8:00 a.m. to 12:00 p.m.

Module 4 – Developing Athlete Abilities**

Facilitator: Therese Saulnier

Days: Saturday, May 22nd – 2:00 p.m. to 8:00 p.m. AND Sunday, May 23rd – 9:00 a.m. to 12:00 p.m.

**Online requirement prior to course

Module 5 – Coaching & Leading Effectively

Facilitator: Robyn MacDonald

Day: Sunday, May 23rd – 1:00 p.m. to 6:00 p.m. AND 6:00 p.m. to 9:00 p.m.

Module 6 – Psychology Performance

Facilitator: Robyn MacDonald

Day: Monday, May 24th – 8:30 a.m. to 4:30 p.m.

Cost – \$30 per module or all 6 for \$150

Please note that there is a limit of 25 participants per module – be sure to register early.

Level 4 Tasks

Task 4 – Nutrition

Days/Times:

Friday, May 21st – 8:30 a.m. to 4:30 p.m.

Saturday, May 22nd – 8:30 a.m. to 4:30 p.m.

Facilitators: Angela Dufour and Tristaca Caldwell

Cost: \$190*

Task 16 – Long Term Athlete Development

Days/Times:

Sunday, May 23rd – 8:30 a.m. to 4:30 p.m.

Monday, May 24th – 8:30 a.m. to 4:30 p.m.

Facilitator: Roxanne Seaman

Cost: \$190*

***Please note that each task is \$190, however, if you register for both, you will only be charged \$150 for the second task (\$340 total). For NCI class members, please note that you will not be charged for the tasks – this is included in your tuition fee.**

Professional Development

A Podium Performance Session will be held on **Friday from 7:00 – 9:00 p.m.** This session is free of charge to anyone interested in attending. Please see topic and description below.

Promoting Performance and Preventing Breakdown: The Role of the Sport Psychologist in your Team's Success

Facilitator: Ryan Hamilton

This talk will focus on the role of sport psychology consultants at various points throughout a team's season. The talk will follow the general chronology of a competitive season and focus on potential issues that could be encountered along the way. The presentation will outline the different ways sport psychology services are delivered and the rationale for each. Additionally, this talk will focus on issues that may develop at different points in a competitive season and present strategies

that could be applied to overcome them.

Learning Facilitator Training

Cycling – Community Initiation and Introduction to Competition Programs

Facilitator: Paul Jurbala

Days: Friday, May 21st, Saturday, May 22nd & Sunday, May 23rd

Cost: \$140

GENERAL INFORMATION

Registration

The registration deadline is May 14, 2010 – anyone wishing to attend any course/clinic must be registered and paid in full by the deadline. Anyone registered for the ACS will be required to check in with ACS staff at the UPEI Sport Centre at one of the registration times listed below in (On-site Pre-Class Registration section).

Conference Fee

A conference fee of \$40 has been included in the cost of all clinics. The conference fee includes professional development sessions, the Saturday luncheon, all nutrition breaks, as well as course fees.

Investor's Group Sport Administrator Award Luncheon

The luncheon will be held on Saturday, May 22nd in the University Dining Hall from 12:00 – 1:30 p.m., featuring **keynote speaker Melody Davidson**, Head Coach of the 2006 and 2010 Olympic Women's Hockey team.

Meals & Accommodations

Participants are responsible for meals (there are lots of restaurants nearby). Accommodations must be booked directly through UPEI Conference Services – please see link below for costs and contact information:

http://www.cscatlantic.ca/files/04/92/ACS_Accommodations.pdf

On-site (Pre-Class) Registration

Onsite registration will take place upstairs in the UPEI Sports Centre at the following times:

Thursday, May 20th – 6:00 – 8:00 p.m.

Friday, May 21st – 7:00 – 9:00 a.m.

Saturday, May 22nd – 7:00 – 9:00 a.m.

Campus Map

For a copy of the UPEI campus map, please visit <http://www.upei.ca/misc/map.pdf>

Updates

Please keep checking our website for updates, as information will be updated frequently!

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